



Outdoor Activities

General Introduction:

- i. The Outdoor Activities Program is designed to give the youth of the CYC a rare opportunity to enjoy the great outdoors and all its benefits. The goal of the CYC is to give every member the chance to learn and understand the importance of nature conservation and further preservation. Our Outdoor Activities Program helps youth to develop a love and appreciation for the outdoors, while experiencing nature first hand. The CYC staff can accomplish these goals with the use of Camp Nejedly, Camp Concord, Rancho Esquon and the 'Flying A'.
- ii. The activities within our program are available to all CYC members for a minimal fee or no cost. We aim to give every child an opportunity to participate but those working especially hard and exhibiting the core aspects of the CYC will be rewarded for their efforts.
- iii. All activities are voluntary and by no means mandatory
- iv. Travel is required to attend all Outdoor Activities with the CYC

Activities:

Rancho Esquon is a 6,771 acre, full functioning farm, located in Durham, CA, just outside of Chico, CA. The Ranch is home to 5,275 acres of rice and almond fields, 1000+ acres of wildlife habitat, rice drying and storage facility and a nesting bird hatchery.

While at the Ranch our youth get to participate in everything from duck-egg salvages to tree planting, to fishing. It is possible to see many of the 165 different species of birds, learn about fish migration, egg incubation, farming processes, wildlife preservation and much more.

The 'Flying A' is a 50 foot U.S. Coast Guard certified, 25 passenger vessel that the CYC has been operating since May of 2007. The Boat Captain, Art Roby, is a U.S.C.G. licensed Master for Bays and Oceans and has a vast knowledge of the entire San Francisco Bay, surrounding locations and historical sights.

The boat provides our youth with a one of a kind experience to enjoy the beautiful San Francisco Bay. The trips open the eyes of our East Bay residents who haven't been given the chance to see the Bay Area from the water and appreciate pieces of local history important to the history of the United States.

The 'Flying A' is available for whale watching in migration season, fishing, wildlife and all around educational trips with destinations to Angle Island, Pier 39, Jack London Square and more.

Camp Concord is a week long summer activities camp in South Lake Tahoe, run by the City of Concord. The CYC has joined up with Camp Concord, to allow CYC kids to participate in a wonderful program that has been helping local residents make great childhood memories, since 1967. All kinds of outdoor activities are offered at Camp Concord including, river rafting, canoeing, horseback riding, archery, arts & crafts, sports and camp fires. This camp is open to all CYC members at a discounted rate each year.

Camp Nejedly is an 80 acre property that was donated to the Contra Costa Youth Council by Senator John A. Nejedly back in 1982. The Camp is located in the Northern Sierra Nevada Mountains and is used by many private and public groups. The CYC was given use of the property and has taken campers up to Nejedly for many years. The remote camp ground boasts Hawley Lake, collections of petroglyphs amongst the surrounding rocks and miles of hiking trails.

Activity Rules:

- i. All participants must have filled out all necessary paper work before departing from the CYC for any given outing. This may include copies of medical/immunization records.
- ii. All participants are expected to represent the CYC and abide by all behavioral rules and expectations. If poor behavior continues and disciplinary action is necessary, the participant may be taken home or asked to be picked up from said location.
- iii. Proper attire for each activity is necessary. A list of recommended attire and packed items will be provided before departure of each trip.

Parent Chaperones:

- i. There will always be at least one male and one female, responsible employee of the CYC at every event to supervise. If a CYC parent wishes to volunteer to join an Outdoor Activities Program they are welcome to with prior notice given to CYC staff.
- ii. In the event that space is limited on any given trip, we ask that parents offer up the space so that more CYC youth can participate.

Age of Participants:

- i. Participants of the 'Flying A', Rancho Esquon and Camp Nejedly must be at least 7 years-old due to the adventurous nature of the trips.
- ii. All participants of Camp Concord are required to be within the ages of 8-14. This age division is set forth by the City of Concord and its rules and regulations board.