

COMMUNITY YOUTH CENTER CHRONICLES

MARCH 2007



SPORT SPECIFIC CONDITIONING

Although February was short it was a great month. It seems like more and more kids keep joining; we have added at least 10 kids this month. It has been a little quiet in the weight room the last half of the month because the High School wrestlers are at the end of their season and finishing up NCS and State. Also the speed and agility classes done by Nick and Eddie are two very popular classes. Each week new kids are in the class. Keep up the good work.



JUDO

Nico Bisiar is the Student of the Month in judo. He has been working really hard on his first set of throws and is consistently showing up for regular practices including Saturday class. He also is getting the mechanics down and asking pertinent questions to better his judo training. He is a great example of what we would like to see out of all our kids: "Disciplined" - he works very hard at each class; "Dedication" - he hasn't missed a day of training since joining the club, and finally; "Desire" to better his judo understanding. It's a pleasure to have him at CYC.

CYC Judo competitors won 4 medals in their respective divisions at the San Jose State University Event Center on Feb 11:

Gold: Christian Melo & Nathaniel Sachez

Silver: Rocco Lucido

Bronze: Davino Lucido

Up coming Event: Cupertino Invitational in Cupertino (March 4)



TAEKWONDO

We have several events coming up that everyone should be aware of. First we will be having our inaugural CYC Taekwondo tournament on March 10. This will be a tournament for CYC members and should be a fun and exciting event. We need involvement from the parents for this, in the form of referees, scorekeepers and other officials. Of course most parents don't know much about Taekwondo competitions, so we will have a free Seminar on March 8, from 7:00 -8 :00 p.m. to teach everybody the basics. We hope to see a good turnout, because it takes a lot of people to run the competition smoothly.

We will also be participating in the Hwarang Kwan tournament in Redwood City on March 31. That's just a couple of weeks after our own event so everybody should be right in the swing of things.

WRESTLING

The middle school team competed in the St. Valentines Day Massacre Tournament in Vacaville on February 11. This was a large and competitive tournament. Alec Pica had a strong showing in his weight class taking home the championship. Jesse Baldazo and Joey Moita each came home with second place medals.



High School wrestlers participated in the North Coast Section Championships in Newark, CA on February 23. CYC wrestlers that did well in this tournament included Nikko Triggas - Campolindo - 119 lbs. 1st, Aaron Westphal - Alhambra - 119 lbs. - 4th, Tyler Sheridan - De La Salle - 135 lbs. 3rd, Jordan Abed - Alhambra - 152 lbs. 1st, Chris Battles - California - 160 lbs. 3rd, Tito Pica - De La Salle - 171 lbs. 1st, Nick Pica - De La Salle - 189 lbs. 1st, Johnny Merryfield - De La Salle - 215 lbs. 2nd, Vincent Moita - De La Salle - 103 lbs. 7th, Matt Feiner - Mt. Diablo - 112 lbs. 5th, Jared Porter - John Sweat - 125 lbs. 8th, Sam Worth - Miramonte - 130 lbs. 5th, Joey Martello - Miramonte - 140 lbs. 7th, Robert Calica - Clayton Valley - 152 lbs. 6th, Matt Rudow - San Ramon - 171 lbs. 7th, Will Wambsgans - California - 189 lbs. 5th, and Jeff McGee - Alhambra - 215 lbs. 7th. Wrestlers who placed in the top four advanced to the California Interscholastic Federation State Tournament in Bakersfield, CA on March 2 - 3, 2007.

A NOTE FROM THE CAMPUS MANAGER

Welcome to March! The CYC will be unleashing an even larger class schedule starting Monday, March 5. The wrestling program will be adding 4 new classes, including a new K-5 Advanced class that will foster a slightly more competitive environment for ready young wrestlers. The dance program unveiled a slightly new schedule as well in late February. Gymnastics has added new preschool classes (ages 3 to 5) in the mornings on Mon, Wed and Fri. There are 4 classes each of those mornings to choose from. The first ever Annual Giving Campaign is also underway. You should already have received an envelope in the mail from CYC. Please take the time to consider CYC for your charitable contributions throughout the year...no amount is too small. We really appreciate whatever you can give. Also, please be aware that you can select a specific program to donate. For example, if you have children in both Taekwondo and Dance. You could ask that \$10 or whatever amount you are able to give, be donated to the Taekwondo program and \$10 to the Dance program. This is a way of giving back to a place that means a lot to you and your children. There is power in numbers, and by joining together, this initial campaign will be a success. Thank you.

EXECUTIVE STAFF

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As a part of CYC's mission we would like to continue

ACADEMIC EXCELLENCE

rewarding students who demonstrate the values of the CYC: discipline, dedication, desire, honesty, integrity, teamwork, commitment, sportsmanship, honor, respect and compassion. Students who exhibit these qualities will be given a "CYC Buck." CYC Bucks can be saved and redeemed for prizes. The Academic Excellence program will set up a store every Wednesday from 6:30 - 7:30 p.m. for students to pick out prizes. Coaches and Customer Service Staff will be recognizing the students for portraying these values. So, parents please continue to reinforce these values to your children. The Academic Excellence program has also started craft projects on Fridays. Come join us in doing fun craft projects for all occasions.

BOXING

The Boxing Student of the Month is Erik Montano. This month the CYC Boxing Team will be competing in the Northern California USA Boxing Championships in San Carlos (March 3-4) and in San Francisco (March 10-11). The team will also be competing in the Northern California Golden Gloves at Kezar Pavilion in San Francisco.



ATHLETES OF THE MONTH

ACADEMIC EXCELLENCE
CHARLE DEMORE

BOXING
ERIK MONTANO

CHEER
LILY STAGNER

DANCE
LINDSEY SMITH

GYMNASTICS
VICTORIA NIEWSMA

JUDO
NICO BISIAR

RHYTHMIC GYMNASTICS
ZOE GWIZDAK

**SPORT SPECIFIC
CONDITIONING**
STEPHANIE MITCHELL

TAEKWONDO
FRANSICO ESCALANTE

WRESTLING
REBECCA COSGROVE

Big things are happening in **CHEER** cheerleading this month! The Cheer team will compete at Cheerleading Nationals in Anaheim from March 16-18. This is quite an accomplishment for the team. Congratulations! The cheerleading program will also put on a cheerleading show for parents, friends, and families on Thursday, March 29 at 7:00 p.m. Admission is free. All cheerleading classes will be performing, so come support all of the CYC cheerleaders and find out what cheerleading is all about.

The cheerleader of the month is Lily Stagner. Lily is in the 6-7 year-old class. She is an extremely hard worker and always gives it her all. Lily has perfected her forward roll, cartwheel, and round-off with proper counts. She is currently working on her back walk-over. Lily also practices two positions in stunting: flying and fronting! She has come to practice everyday this month and always upholds the CYC motto of Discipline, Dedication, and Desire. Great job Lily! Keep up the good work!



COMMUNITY YOUTH CENTER CALENDAR

DANCE

Student of the month for March is Lindsey Smith. Lindsey is doing a great job in her Creative Movement class; she is a great listener and always comes to class eager and ready to learn. Good work Lindsey!



March is going to be a busy month for the dance program. In recognition of National Dance Week (April 20-29) we will be getting ready for our First Annual Spring Demonstration and Showcase on Friday April 20 at 5:00 p.m. at Big C, and Saturday April 21 at 2:00 p.m. at the Concord Library. We will be performing variations from The Carnival of the Animals and demonstrating class work from each grade. We will have rehearsals starting in March. Rehearsal schedules will be posted soon! Parent volunteers in the Costume Committee: we will have a meeting on Monday March 12 at 6:15 p.m. to plan costumes for the Spring Show. Please let Katrena know if you can't be there! Word about our dance program is spreading within the community! We've been asked to dance at the YMCA in Pleasant Hill for their Healthy Kids Day on April 14 from 10 a.m. - 2 p.m. Please mark your calendars and come show your support for the dance program!

GYMNASTICS



First I would like to say that it is nice to be here at CYC. This is a place where the main goal is to help your child. To help them become a better gymnast (or what other sport your child is in) and a better person. Everything else becomes secondary. This is the most wonderful work environment. I have been coaching for a while and this is the one above all others.

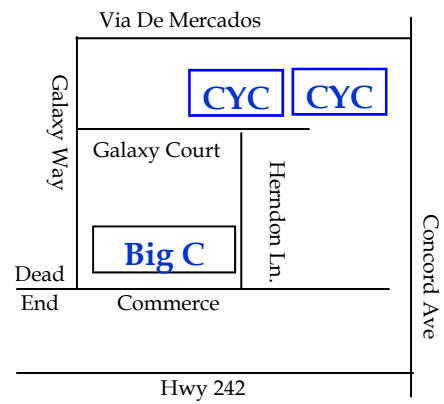
Our gymnastics program is growing bigger at CYC. We have added more morning classes. These classes are on Mondays, Wednesdays, and Fridays. If you are interested in these morning classes please contact our office, because they are filling up fast. You will see more to come in the near future, with the help of Kim and the rest of the wonderful CYC staff, I am working to make our gymnastics program better and better.

RHYTHMIC GYMNASTICS

The Rhythmic Gymnastics team is going to a competition in Florida the first weekend in March. Our girls continue to train very hard for their competitions. Let's wish them good luck and hope that all have fun and do a great job. The team is also hosting the 5th Annual Rhythmic Gymnastics Friendship Invitational on March 24 at Carondelet High School. Roughly 120 gymnastics will be participating in the competition, so please try and come out and watch. The event will run from about 9:00 a.m. - 6:00 p.m. Good luck girls!



Community Youth Center is a Non-Profit 501(c)(3) Corporation: Federal Tax ID 68-0358005, specializing in sports and academics for children 4 - 18 years of age. Our mission is to maintain an environment, comprised of facilities, staff and volunteers that guarantee young individuals a chance to develop and grow in athletics, academics, and life. Deliver this service with a high level of encouragement, support, structure and discipline, in a safe, rewarding and positive manner.



MARCH 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 HS wrestlers State Tournament	3 HS wrestlers State Tournament
4	5	6	7	8	9	10 1st Annual CYC TKD Tournament
11	12	13	14	15 Cheerleading team competing at Nationals in LA	16 Cheerleading team competing at Nationals in LA	17 Cheerleading team competing at Nationals in LA <i>St. Patrick's Day</i>
18	19	20	21	22	23	24 Friendship Invitational At Carondelet High School
25	26	27	28	29 Cheerleading show at CYC	30	31

COMMUNITY YOUTH CENTER, CONCORD CAMPUS

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HOURS OF OPERATION:

Administrative:
9:00 am - 6:00 pm, M-F

Customer Service:
3:00 pm - 8:00 pm, M-F
9:00 am - 2:00 pm, Sat.

Programs:
3:00 pm - 9:00 pm, M-F
9:00 am - 2:00 pm, Sat.

Please see the individual program schedules or Customer Service for additional details on competition dates and events.

Remember to check CYC lost and found for any missing items. Contact Kristina Iwata at ext 203.

Remember that CYC monthly fees are due on the 1st and are past due on the 15th of every month. For further information, contact Kristina Iwata at ext. 203.

CUSTOMER SERVICE STAFF

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