

JUDO

Davino Lucido is student of the month. Davino demonstrates his dedication by attending judo practices regularly, showing excellent discipline and respecting his instructors and peers. He has made good progress in learning Judo terms and mastering throwing techniques. In addition, Davino has demonstrated patience, excellent mannerisms and positive behaviors. He and his brother Rocco are balancing their time between the wrestling and judo programs exceptionally well. Congratulations for setting good examples for all students.



A few CYC Judo members enjoyed summer vacation away from the CYC while many other dedicated students continuously trained in August. Mr. Nam attended the UCMAP Annual Korean Martial Arts Summer Camp at Mount Shasta from August 10 - 13. Many Korean Taekwondo and Yongmudo youths and Yongin University's Yongmudo team came to assist with the camp. They displayed many spectacular demonstrations. The camp participants had opportunities to learn Judo, Taekwondo, Yongmudo, Kumdo and Ssireum. Yongmudo is a general martial art, which combines the techniques of Taekwondo, Hapgado, Judo, Fencing and Ssireum (Korean wrestling) invented by field experts and professors of Yongin University, a school specializing in the education of martial arts and sports since 1953.



Coming Events: September 10; EBJI Invitational Tourney at San Francisco State University.

FOOD GAMES

PRIZES FUN

MOVIE NIGHT

COMING SOON

Sept. 29

Admission only \$ 10

Includes: a hotdog, chips, soda, & popcorn

MARK YOUR CALANDERS ALL KIDS ARE WELCOME!

Including: 1000 CYC Members

Members are Required for Non Members

See the Program Director for further details.

Rita Kilinski

Tel: (925) 671-7070 ext. 209

Email: rkilinski@cycmail.org

Space is limited, Get your tickets quickly.

To receive 4 Free game tokens, purchase your tickets in advance. See CYC Customer Service for ticket purchase.

Free Five Game Tokens

MOVIE NIGHT
FRIDAY,
SEPT. 29

PURCHASE
YOUR
TICKETS
EARLY AND
RECEIVE 4
GAME
TOKENS!

TAEKWONDO

CYC members may have noticed the bulletin board near the Taekwondo mat with a photo display. They are from Master Austin's recent trip to Korea with Grandmaster Shin. The trip included visits to some very ancient temples and other historical sites related to the roots of Korean martial art, as well as the Headquarters of the World Taekwondo Federation. The group had a personal introduction and photo session with Grandmaster Hae Man Park, the President of the Federation and the highest ranking Taekwondo master in the world.

This trip was open to CYC members, although none were able to participate this time. We hope next year we will be able to bring some of our CYC Taekwondo students for this very rewarding and educational experience.



WRESTLING

September marks the beginning of the Middle School folkstyle league. The Middle School league runs from September 11 through November 3. Head Coach Mark Halvorson coached Team USA at the World Championships in Guatemala City, Guatemala from Aug 28-Sept 3. Former CYC wrestler Robbie Smith was also a member of Team USA and competed in the tournament at 96 kilograms and placed ninth.



Fight Night
at
The Big C

Thursday, September 14

Buffet: 6:00 p.m.
Boxing Show: 7:30 p.m.

Tickets: \$25 per person (all ages)
Tickets can be purchased at the Big C Athletic Club.

The Big C Athletic Club
1381 Galaxy Way
Concord, CA 94520
(925) 671-2110

2241 Galaxy Court
Tel: (925) 973-7070
Fax: (925) 603-0362

Concord, CA 94520
Non-Profit 501(c)(3)
Federal Tax ID #94-0324001

A NOTE FROM THE CAMPUS MANAGER

CYC experienced its busiest summer in history. Hundreds of kids participated in the CYC summer camps that offer affordable, fun, and healthy experiences for local youth. Thank you to the fantastic CYC employees that worked hard all summer providing these camps. This year CYC brought back A's games excursions as part of the summer camps. Next year, we will feature continued upgrades and excursions for the programs. This summer also featured CYC's first trips to Rancho Esquon, a 7,000 - acre rice and almond farm with fishing, swimming, and hiking available. Roughly 30 CYC kids visited Rancho Esquon this summer. Many more will visit in 2007 between February and September. The program shirts have arrived and are in the amateur shop for only \$8.00. Check them out next time you pass through the front lobby of Building 1.

EXECUTIVE STAFF

Dennis Costanza Executive Director	Phone: (925) 260-6328 Email: dcostanza@cycmail.org
Julie Marvel Director of Communications & Development	Phone: (925) 671-7070 ext. 215 Email: jmarvel@cycmail.org
Nicholas Schweickert Campus Manager & Head Sports Specific Conditioning Coach	Phone: (925) 671-7070 ext. 205 Email: nschweickert@cycmail.org
Kim Garcia Program Director & Head Gymnastics Coach	Phone: (925) 671-7070 ext. 217 Email: kgarcia@cycmail.org
Raye Kilinski Office Manager & Program Director	Phone: (925) 671-7070 ext. 209 Email: rkilinski@cycmail.org

COMMUNITY YOUTH CENTER CHRONICLES

SEPTEMBER 2006

ACADEMIC EXCELLENCE



Welcome back students. This month the AE room will have some challenges and puzzles and we will be giving out school package prizes. With school in progress the AE room will be a quiet and great place to do your homework. There will be plenty of tutors available if students are struggling with a subject. Also, please join us in welcoming Travis Kupp. Travis joined our staff as a new tutor. Stephanie Yau is the student of the month. Stephanie is a great role model. She is our first bookshelf keeper and will be in charge of keeping our library neat and organized.

BOXING



Christal Barajas extended her unbeaten streak (5 - 0) by defeating unbeaten Monica Delgado (7 - 0) of Modesto P.A.L. at the Annual Vallejo P.A.L Elk's Club Show on August 12.

CHEER

Big things have been happening in cheerleading this month. Enrollment is very high. There are only a few slots open in each class. Carondelet and Concord High have begun practicing at CYC one day a week. We are excited to select first ever CYC Pre-Team Cheerleading Squad. All of the 15 girls have been working diligently on improving their skills. The cheerleader of the month is Freyja Pettersen. Freyja just joined the program in June and has been perfecting many of her skills such as back walk-overs, handstand forward rolls, and back handsprings. In stunting, Freyja works in every position flying, basing and fronting. Congratulations Freyja and keep up the good work!



ATHLETES OF THE MONTH

ACADEMIC EXCELLENCE
STEPHANIE YAU

BOXING
CHRISTAL BARAJAS

CHEER
FREYJA PETERSEN

DANCE
TASHA THOMAS

GYMNASTICS
REX AND RIA CHEN

JUDO
DAVINO LUCIDO

RHYTHMIC GYMNASTICS
ALZEK BARCO

SPORTS SPECIFIC CONDITIONING
JESSICA BRANDOTINO

TAEKWONDO
YEVGENY MUSKEVICH

WRESTLING
GABE LOMAS

DANCE

Tasha Thomas is Student of the Month for Dance. She has come to each class with a fantastic attitude and dedicated work ethic. Please come see her recent artwork of the "Waltz of the Flowers" from the Nutcracker ballet displayed in the dance room.



Our first CYC Dance Program performance in the gymnasium of the Big C Athletic Club was beautiful. The dancers all came dressed for success and put on an entertaining show for their family and friends. A special thanks goes to both Big C and the staff at CYC for making this production a success. Classes continue and the class schedule is just about to expand. Janice has returned to UC Berkeley to resume her degree. Hopefully we will see her back soon. Laila comes on board to teach classes in jazz dance. Katrena is also adding to her CYC hours so keep your eyes on the board for the launch of new classes this month.

GYMNASTICS



In August the gymnastics program ran its second gymnastics summer camp. There were a few return students from the first camp. The students learned lots of new skills along with polishing some of the skills they already knew. It seemed the students favorite activity was to soak the teachers at the water balloon toss.

RHYTHMIC GYMNASTICS

The Rhythmic team is focusing on learning new skills for the next competitive season. A few of the girls went to Rancho Esquon and they had an amazing time doing a lot of out-door activities. School has started so please note that we are back on the afternoon schedule.



Support the CYC!

ENJOY A DAY OF SHOPPING AND
GIVING BACK TO YOUR COMMUNITY!

COMMUNITY SHOPPING DAY
THURSDAY, OCTOBER 26, 2006

Community Youth Center has teamed up with Macy's to be part of the Community Shopping Day. This day-long shopping/festive event gives the opportunity for local non-profit organizations, like the CYC, to raise funds for their programs. The event is being held specifically at Macy's Pleasanton Store on Thursday, October 26, 2006. (You can also shop in advance - pick up merchandise later - and still receive the discount).

Tickets are available from your Program Coach or Julie Marvel at (925) 671-7070 ext. 215 or jmarvel@cycmail.org.

SPORTS SPECIFIC CONDITIONING

The weight room is getting busy again as the pre-season for high school wrestling gears up. There is quite a group of dedicated weightlifters now. Get stronger, faster, and healthier with a fitness regimen. See Coach Breining in the weight room from 3pm to 7pm Monday - Friday. The student of the month is Jessica Brandolino. Jessica has shown tremendous dedication and perseverance in CYC conditioning classes. She always gives top effort and powers through some tough training. Great work, Jessica.



COMMUNITY YOUTH CENTER EVENT CALENDAR

September 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 LABOR DAY CYC IS CLOSED!	5	6 Rhythmic Parent Meeting 6:00 p.m. - Bldg. 2	7	8	9 TKD Team Travel - SF Open
10 Judo Team Travel - East Bay Invitational	11 CYC 2006 Golf Challenge Fundraiser	12	13	14 The Big C Athletic Club Boxing Show Cheerleading Parent Meeting 5:45 p.m. - AE Room	15	16
17	18	19	20	21	22	23
24 A's Community Fund Fundraiser	25	26	27	28	29 TKD Movie Night	30 Judo Team Travel - US Opens



**COMMUNITY
YOUTH CENTER,
CONCORD CAMPUS**

2241 GALAXY COURT
CONCORD, CA 94520

TEL: (925) 671 - 7070

FAX: (925) 685 - 0582

www.communityyouthcenter.org

HOURS OF OPERATION:

Administrative:

9:00 am - 6:00 pm, M-F

Customer Service:

3:00 pm - 8:00 pm, M-F

10:00 am - 2:00 pm, Sat.

Programs:

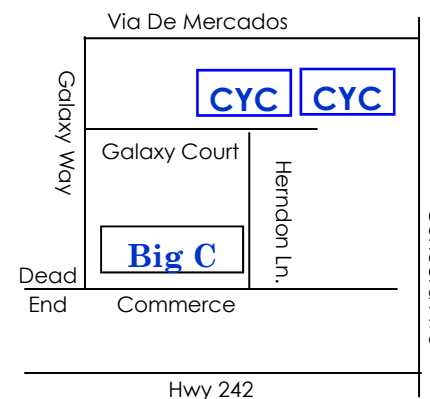
3:00 pm - 9:00 pm, M-F

10:00 am - 2:00 pm, Sat.

Please see the individual program schedules or Customer Service for additional details on competition dates and events.

- Remember to check CYC lost and found for any missing items. Contact Angela Panetto at ext 203.
- Remember that CYC monthly dues are due on the 1st and are past due on the 15th of every month. For further information, contact Angela Panetto at ext. 203.

Community Youth Center is a Non-Profit 501(c)(3) Corporation: Federal Tax ID 68-0358005, specializing in sports and academics for children 4 - 18 years of age. Our mission is to maintain an environment, comprised of facilities, staff and volunteers that guarantee young individuals a chance to develop and grow in athletics, academics, and life. Deliver this service with a high level of encouragement, support, structure and discipline, in a safe, rewarding and positive manner.



CUSTOMER SERVICE STAFF (925) 671 - 7070

- Angela Panetto** Ext. 203 Email: apanetto@cycmail.org
Customer Service Lead, Collections, & Membership Registration
- Margarita Nisthal** Ext. 202 Email: mnisthal@cycmail.org
Boxing, Bilingual, Dance, Cheer, Judo & Tae Kwon Do Registration
- Jessica Pease/Ingrid Almaraz** Ext. 213 Email: jpease@cycmail.org
ialmaraz@cycmail.org
Gymnastics, Rhythmic Gymnastics, & Wrestling Registration
- Brandon Breining** Ext. 212 Email: bbreining@cycmail.org
Sport Specific Conditioning Registration