

## JUDO

Davino Lucido is student of the month. Davino demonstrates his dedication by attending judo practices regularly, showing excellent discipline and respecting his instructors and peers. He has made good progress in learning Judo terms and mastering throwing techniques. In addition, Davino has demonstrated patience, excellent mannerisms and positive behaviors. He and his brother Rocco are balancing their time between the wrestling and judo programs exceptionally well. Congratulations for setting good examples for all students.



A few CYC Judo members enjoyed summer vacation away from the CYC while many other dedicated students continuously trained in August. Mr. Nam attended the UCMAP Annual Korean Martial Arts Summer Camp at Mount Shasta from August 10 - 13. Many Korean Taekwondo and Yongmudo youths and Yongin University's Yongmudo team came to assist with the camp. They displayed many spectacular demonstrations. The camp participants had opportunities to learn Judo, Taekwondo, Yongmudo, Kumdo and Ssireum. Yongmudo is a general martial art, which combines the techniques of Taekwondo, Hapgado, Judo, Fencing and Ssireum (Korean wrestling) invented by field experts and professors of Yongin University, a school specializing in the education of martial arts and sports since 1953.



Coming Events: September 10; EBJI Invitational Tourney at San Francisco State University.

**MOVIE NIGHT  
FRIDAY,  
OCTOBER 27**

**PURCHASE  
YOUR TICKETS  
EARLY AND  
RECEIVE 4  
GAME TOKENS!**

## TAEKWONDO

The CYC Taekwondo students attended a tournament in Moraga on September 9th. Six students participated, some of them in multiple events, and brought home one Bronze medal, two Silver, and five Gold medals. The bronze went to Martin Valentez for sparring, in his first competition. The silver went to Payton Pizzagani and Andres Reynoso for poomse (forms). This was Andres' first competition as well. The Gold went to Angela Atencio, one for poomse and one for sparring, to Nicholas Atencio for sparring, to Payton Pizzagani for sparring (in addition to his silver medal for poomse), and to Natalya Reynoso, for sparring, in her first competition. It was a very successful day for the participants, and we hope to have more participation in future events. We also have our next Movie Night coming up on October 27th. The movie will be "Chronicles of Narnia", which is rated PG.



## WRESTLING

September marks the beginning of the Middle School folkstyle league. The Middle School league runs from September 11 through November 3. Head Coach Mark Halvorson coached Team USA at the World Championships in Guatemala City, Guatemala from Aug 28-Sept 3. Former CYC wrestler Robbie Smith was also a member of Team USA and competed in the tournament at 96 kilograms and placed ninth.



**DON'T  
MISS  
OUT ON  
THE BIG C  
FIGHT  
NIGHT  
BOXING  
SHOW!**

### A NOTE FROM THE CAMPUS MANAGER

*CYC experienced its busiest summer in history. Hundreds of kids participated in the CYC summer camps that offer affordable, fun, and healthy experiences for local youth. Thank you to the fantastic CYC employees that worked hard all summer providing these camps. This year CYC brought back A's games excursions as part of the summer camps. Next year, we will feature continued upgrades and excursions for the programs. This summer also featured CYC's first trips to Rancho Esquon, a 7,000 - acre rice and almond farm with fishing, swimming, and hiking available. Roughly 30 CYC kids visited Rancho Esquon this summer. Many more will visit in 2007 between February and September. The program shirts have arrived and are in the amateur shop for only \$8.00. Check them out next time you pass through the front lobby of Building 1.*

### EXECUTIVE STAFF

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# COMMUNITY YOUTH CENTER CHRONICLES OCTOBER 2006

## ACADEMIC EXCELLENCE



The Academic Excellence program is now implementing a student tracking program. All students **must** pick up a student packet informing them of the classroom goals and rules. Students must also submit their academic information. This packet is essential for those who wish to enroll in the academic excellence program. Those who do not fill out the information packets by the end of November will be removed from the academic excellence program.

## BOXING



David Borjan, 13, from Pittsburg is the Boxing Student of the Month for October. Despite David's young age, he is one of the hardest working athletes in the program. His strong work ethic is reflected in his undefeated 5-0 record. The majority of David's sparring is done with kids older than him due to his extraordinary ability at his age. David will be placing his undefeated record on the line when he competes in the 13th Annual Concord Cup Boxing Tournament on October 14 & 15 at the CYC, and then again on November 3 in San Francisco.

## CHEER

### ATHLETES OF THE MONTH

**ACADEMIC EXCELLENCE**  
ALEXANDRA WHITCOMB

**BOXING**  
DAVID BORJON

**CHEER**

**DANCE**  
CASSIDAY NEWENS

**GYMNASTICS**  
ETHAN SVUBA

**JUDO**

**RHYTHMIC GYMNASTICS**  
IVONE GALVONE

**SPORTS SPECIFIC CONDITIONING**  
JEFF FORRESTER

**TAEKWONDO**  
OMAR ALCOZAI

**WRESTLING**

We are excited to announce that Kimberly Wohlleb has joined the CYC as a new coach for beginning cheer and development class. Kim is a senior at Carondelet High School, an honor roll student and an excellent role model for the girls. She spent two years on JV Cheer and one year on Varsity Cheer at Carondelet. We are lucky to add her to the staff! As most of you already know, the Cheer class schedule has expanded. Be sure to double check times. Finally, I would like to acknowledge and congratulate the new members of the first-ever CYC Competitive Cheerleading Team. In order to qualify for the team, the girls had to demonstrate skills in stunting, tumbling, and motions. The 2006-07 Cheer team includes: Princess Barco, Vida Barco, Laura Vezga, Jada Bell, Alexis Pagal, Alona Sanya-Olu, Brittany Kendall, Freya Pettersen, Erica Martinez, Stephanie Yao, Dannie Kiel, Cassidy Garcia, Cassi Yuson, Hien Le, and Lexi Smith. The first competition will be held November 12 in Fremont, CA.



## DANCE

Cassidy Newens is Student of the Month. Cassidy is always a great listener in class and is a good classmate to her fellow dancers. She always helps other dancers, and has been working on some beautiful grand jetes! Great job Cassidy!



In October, the Dance Program added five new classes to our schedule including Intro to Jazz and Youth Jazz. Laila Shadd, who was a teacher during our Summer Programs, teaches our new jazz classes on Monday afternoons. We've also added Parent & Me dance classes Monday, Wednesday, and Friday mornings. There's still plenty of room in this class, so ask about signing up today! With the Holiday season coming up, preparations for Holiday ballets, like the Nutcracker are in full swing. Our dance program will be doing Nutcracker excerpts this winter, as well as attending a field trip to see a professional Nutcracker performance. If you're interested in performing, make sure you come to the Performance Information Night on Wednesday, October 25 at 6:30pm in the Academic Room. Parents, we have lots of volunteer positions waiting to be filled, and dancers, we have a lot of work to do! This is a mandatory meeting for all interested performers and

## GYMNASTICS



In August the gymnastics program ran its second gymnastics summer camp. There were a few return students from the first camp. The students learned lots of new skills along with polishing some of the skills they already knew. It seemed the students favorite activity was to soak the teachers at the water balloon toss.

## RHYTHMIC GYMNASTICS

The Rhythmic team is focusing on learning new skills for the next competitive season. A few of the girls went to Rancho Esquon and they had an amazing time doing a lot of out-door activities. School has started so please note that we are back on the afternoon schedule.



# COMMUNITY YOUTH CENTER EVENT CALENDAR

October 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14 13th Annual Concord Cup Boxing Tournament
15 13th Annual Concord Cup Boxing Tournament	16	17	18	19	20	21
22	23	24	25	26	27 TKD Movie Night	28
29	30	31 Happy Halloween				



**COMMUNITY YOUTH CENTER, CONCORD CAMPUS**  
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FAX: 925.685.0582  
www.communityyouthcenter.org

### HOURS OF OPERATION:

**Administrative:**  
9:00 am - 6:00 pm, M-F

**Customer Service:**  
3:00 pm - 8:00 pm, M-F  
10:00 am - 2:00 pm, Sat.

**Programs:**  
3:00 pm - 9:00 pm, M-F  
10:00 am - 2:00 pm, Sat.

Please see the individual program schedules or Customer Service for additional details on competition dates and events.

- Remember to check CYC lost and found for any missing items. Contact Angela Panetto at ext 203.
- Remember that CYC monthly dues are due on the 1st and are past due on the 15th of every month. For further information, contact Angela Panetto at ext. 203.

Community Shopping Day  
Fashion and Compassion

Macy's Pleasanton  
Thursday, October 26

Enjoy a day of shopping while giving back to your community. All proceeds from ticket sales benefit participating local non-profit organizations.

**\$10**

**Support the CYC!**

ENJOY A DAY OF SHOPPING AND GIVING BACK TO YOUR COMMUNITY!

COMMUNITY SHOPPING DAY  
THURSDAY, OCTOBER 26, 2006

Community Youth Center has teamed up with Macy's to be part of the Community Shopping Day. This day-long shopping/festive event gives the opportunity for local non-profit organizations, like the CYC, to raise funds for their programs. The event is being held specifically at Macy's Pleasanton Store on Thursday, October 26, 2006. (You can also shop in advance - pick up merchandise later - and still receive the discount).

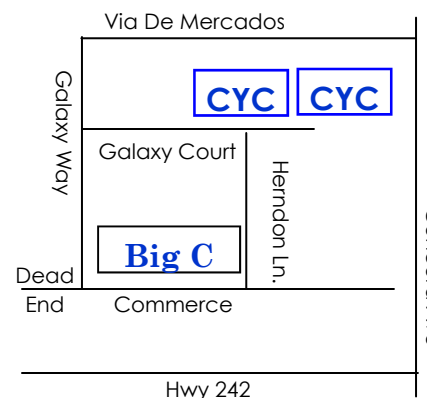
Tickets are available from your Program Coach or Julie Marvel at (925) 671-7070 ext. 215 or jmarvel@cycmail.org.

## SPORTS SPECIFIC CONDITIONING

This month in the SSC has been picking up very quickly. The Wrestling season is just around the corner and the high school wrestlers are getting ready for another tough season. More and more high schoolers have been coming in, but many of them are veterans of the weight room. The student of the month is Jeff Forrester. He has been coming into the weight room since the beginning of the summer and has not stopped. His strength has increased immensely and his wrestling has been benefiting from this. Keep up the great work, Jeff.



**Community Youth Center is a Non-Profit 501(c)(3) Corporation: Federal Tax ID 68-0358005,** specializing in sports and academics for children 4 - 18 years of age. Our mission is to maintain an environment, comprised of facilities, staff and volunteers that guarantee young individuals a chance to develop and grow in athletics, academics, and life. Deliver this service with a high level of encouragement, support, structure and discipline, in a safe, rewarding and positive manner.



## CUSTOMER SERVICE STAFF

925 | 671 | 7070

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- Margarita Nisthal** Ext. 202 Email: [mnisthal@cycmail.org](mailto:mnisthal@cycmail.org)  
Boxing, Bilingual, Dance, Cheer, Judo & Tae Kwon Do Registration
- Jessica Pease/Ingrid Almaraz** Ext. 213 Email: [jpease@cycmail.org](mailto:jpease@cycmail.org)  
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Gymnastics, Rhythmic Gymnastics, & Wrestling Registration
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