

## CYC Head Coaching Staff

### Boxing - Gary Sullenger

Sullenger has been involved in amateur and professional boxing for more than 30 years, the past five with the CYC. Named the 2005 Junior Olympic Nationals California Team Coach, Sullenger recently was selected by USA Boxing to participate in the Elite Coaches Clinic. He has produced several elite boxers including Golden Glove, Silver Glove and state and regional champions, and has worked with such names as Fernando Vargas, David Tua and Jose Luis Lopez.

### Wrestling - Mark Halvorson

Halvorson, who was the 2006 Head Coach of the FILA Junior Greco Roman World Team, has developed a wrestling program recognized both nationally and internationally. A former Greco National Champion, he also is the Head Coach at De La Salle High School. Since joining the CYC in 1998, he has produced two World Team members, more than 50 All-Americans and several National, Regional and State Champions.

### Rhythmic Gymnastics - Elinor Smoljan

Smoljan has been in the United States for more than 10 years after relocating from Romania where she was a member of the Olympic Rhythmic Gymnastics Team (1984-85) and was the 1985 National Champion. Since 2001, she has led several CYC athletes to prestigious achievement in the Junior Olympics and State and National Championships.

### Taekwondo - Master Ed Austin

Master Austin is a 6th Dan (Black Belt) with more than 30 years of training in Taekwondo and Hapkido under 9<sup>th</sup> Dan Grand Master D.K. Shin. After working as a private investigator and in private security for several years, Austin joined the CYC in 2004. He has been teaching martial arts to students of all levels and ages for several years.

### Judo - Master Howard Nam

A 5<sup>th</sup> Degree Black Belt, Master Nam received his judo training in Korea, Japan and the United States. He taught judo at Iowa State, Ames YMCA, Georgia Tech, Decatur Judo Club, Diablo Valley Dojo and at University of California, Berkeley before joining the CYC in 2002. As a competitor, he represented Iowa AAU at the 1972 Olympic Trials and was the 1973 Iowa AAU Outstanding Male Athlete in Judo.

### Gymnastics - Michael Guzman

Guzman has more than 28 years of extensive gymnastics training, including time spent alongside Olympic great coach Bela Karolyi. Guzman was coached by 1984 Olympic Team Coach Abbie Grossfeld at Southern Connecticut State University where he still holds the school vault record. A past Chairman of the Northern California Women's Gymnastics Association, he is USAG Safety Certified and Level Accredited.

### Sport Specific Conditioning - Jerriod Mack

Jerriod Mack, who joined CYC in May 2007 as strength and conditioning coach, has extensive experience in both sports and fitness management. His professional experience includes stints as a personal trainer, camp director, coach and tutor of young people. As a standout scholarship athlete at the University of California - Berkeley, Mack holds a bachelor's degree in American Studies and was at one-time nationally ranked in the triple jump.

### Dance - Katrena Cohea

Cohea joined CYC in early 2006 with more than 15 years of dance experience, five years teaching at various Bay Area schools. Trained in the Royal Academy of Dance style, Cohea recently passed her Advanced Foundation Exam, making her a member of the Academy. She is also a trained Spanish and Flamenco dancer and has performed with Carolina Lugo's Brisas de Espana, a local Flamenco and Spanish dance company. In addition to teaching at CYC, Cohea continues her dance studies at the San Francisco Conservatory of Dance and performs with them regularly.

### Cheerleading - Megan Mullarkey

Mullarkey, who joined the CYC in 2005, led the inaugural CYC Cheer Team to a National Championship in 2007. A senior at St. Mary's College, Mullarkey is studying liberal and civic studies, with a minor in psychology.

### Academic Excellence - Leticia Zelaya

Zelaya joined the CYC in 2006 and oversees the academic excellence program. A graduate of the University of California - Santa Cruz, she holds a bachelor's degree in psychology. Leticia was an excellent scholar athlete swimmer in both high school and college.

## HOURS OF OPERATION

### Administrative

9:00 a.m. - 6:00 p.m., M-F

### Customer Service

3:00 p.m. - 8:00 p.m., M-F

9:00 a.m. - 2:00 p.m., Sat.

### Programs

9:00 a.m. - 8:00 p.m., M-F

9:00 a.m. - 2:00 p.m., Sat.

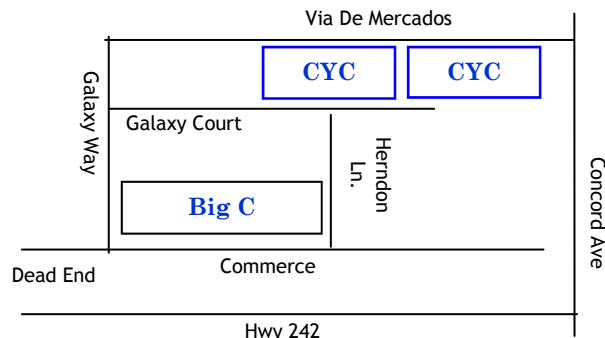
### Contact

Membership and Accounts

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## EXECUTIVE STAFF

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## PROGRAMS

Boxing

Wrestling

Gymnastics

Rhythmic Gymnastics

Judo

Taekwondo

Sport Specific Conditioning

Dance

Cheerleading

Outdoor Activities

Academic Excellence

Community Youth Center

2241 Galaxy Court

Concord, CA 94520

TEL: 925.671.7070 FAX: 925.685.0582

[www.communityyouthcenter.org](http://www.communityyouthcenter.org)

Non-Profit Corporation 501(c)(3)

Federal Tax ID: 68-0358005

The Community Youth Center (CYC) is a non-profit corporation which offers an unmatched operational model for youth ages 3 to 18 to thrive in a dynamic and positive environment through sports and academics. CYC opened in September 1995 to provide such a place for the youth of Concord and the surrounding communities.

Each year, the Center has continued to grow with more than 950 members participating today. The CYC offers 10 recreational programs, as well as an academic excellence center. Combined, these programs help members manage their time effectively so they can become better students and athletes.

**Boxing**



**Wrestling**



**Rhythmic Gymnastics**



**Judo**



**Gymnastics**



**Dance**



**Taekwondo**



**Cheerleading**



**Sport Conditioning**



**Academic Excellence**



World class coaches and program directors work together to develop the child's athletic ability, but more importantly, to teach the intangibles such as discipline, commitment, respect, honor, teamwork and sportsmanship. In addition to recreational programs, the CYC offers competitive team training opportunities for those hoping to excel at a higher level. The recreational and competitive programs are offered year-round with extra weekly camps throughout the summer.



For only \$20 a month, participants learn, work and play together in a safe, first-class athletic facility that truly provides a sense of "community" and belonging. The CYC also offers family discounts and scholarships for those unable to afford the monthly membership fees. Members may enroll in as many recreational programs as they want for the one monthly fee as there are no per class costs.

The CYC is not a drop-in day care facility or an after-school youth meeting place. Students must be enrolled in a class or working on academics for any given time they are at the Center. The Center promotes structure, discipline and order in a young person's life.

The goal of the CYC is to teach youth basic core values that will help lay the foundation for developing inner strength and self confidence to become good people and future productive members of the community.

In addition to classes and competitive teams, the CYC also hosts various sporting events. From the Golden Glove Championships to the International Greco Roman Wrestling Tournament to the Junior Olympics, the CYC supports youth on many levels.



Another key component to the success of the Community Youth Center model is its relationship with the neighboring Big C Athletic Club. The Big C and the CYC share a special cooperative partnership that directly impacts the youth of the Bay Area.

First, these two organizations work together to encourage and foster family health and fitness. The Big C offers memberships to CYC families at significantly reduced fees. While their kids are participating in sports and academic programs at the CYC, family members can just walk across the street to The Big C and take part in their own health and fitness programs. Secondly, the CYC and The Big C Athletic Club share a unique landlord-tenant relationship. Through the generous donation of the Hofmann Family, the CYC is the owner of the land and the building of The Big C Athletic Club. Thus, the continued success of The Big C directly impacts the core funding of the CYC. With these two entities growing, the CYC will continue to play a key role in reaching Bay Area youth.

To truly understand the impact the Community Youth Center has on young people, one just needs to visit the Center in the afternoon and early evening. We welcome you to stop by and visit the facility, meet our coaching staff and program directors and experience the positive atmosphere and disciplined philosophy the Center teaches on a daily basis.

**MISSION**

Maintain an environment, comprised of facilities, staff and volunteers that guarantee young individuals a chance to develop and grow in athletics, academics, and life. Deliver this service with a high level of encouragement, support, structure and discipline, in a safe, rewarding and positive manner.

**VISION**

- ◆ Attract and retain young boys and girls from disadvantaged circumstances.
- ◆ Provide services with no financial barriers to those in need.
- ◆ Build a culture where CYC members blend in and feel comfortable growing at their own pace.
- ◆ Earn the respect of CYC members so they feel comfortable asking for help.
- ◆ Encourage the discipline in CYC members so they help each other to grow in a positive manner.
- ◆ Enhance the lives of CYC members by developing a balance between sport, education and family.
- ◆ Encourage CYC members to develop skills that will allow them to compete at the highest level they choose.
- ◆ Stress the importance of time management as a key discipline to success in life.

**GOALS**

- ◆ Maintain expert level coaching in all programs.
- ◆ Augment each member's educational development.
- ◆ Partner with other civic and private organizations to broaden the assistance available to our members.
- ◆ Maintain a culture that respects and supports employees, and encourages them to develop their skills and talents.
- ◆ Sustain positive growth through "word of mouth."